

## **Mahmud Nawaz**

Mahmud Nawaz is a Non Executive Director at the Mid Yorkshire Teaching NHS Trust. Whilst Mahmud works full time for Lloyds Banking Group, he has a range of interests in the health and education sectors, which allows him to combine his private, public and third sector experience to enhance his contribution around the NHS board table.

Mahmud is Chair of Relate, the counselling charity, for Bradford and Leeds and is also a school governor at two schools in Wakefield: Stanley Grove Primary Academy and Outwood Grange Academy.

In 2004, Mahmud lost his wife to a sudden brain haemorrhage. She went on to save four lives through organ donation. Since then, Mahmud has dedicated much of his time to promoting organ donation and the importance of telling your family your decision and to tackling the health inequalities that arise in ethnic minority populations which are twice as likely to need a transplant but half as likely to donate, thus making the wait on the transplant list much longer than for other patients. He sits on the Organ Donation Committee for both Mid Yorkshire and Leeds NHS Trusts and is an Organ Donation Ambassador for NHS Blood and Transplant. And in 2022 he served on the Board that brought that British Transplant Games to Leeds.

Whether it be talking therapies or organ donation or wider inequalities, Mahmud uses his combination of roles to support initiatives that bring more equity to access, experience and outcomes, as well as championing the VCSE and education sectors as key partners working alongside the NHS.